

# AGEING WELL

## Tuesday Evening 'Night Strollers' Walk Timetable

**Day:** Tuesday

**Time:** Meet at **6.50pm**, depart at **7pm**

**Duration:** 60min - 75 mins

**Grade:** 3

Terrain: Include earth and stone surfaces and may incorporate steeper slopes, steps, and uneven surfaces.

Suitable for people looking for more challenging walks and increasing their physical activity. Please wear suitable footwear and outdoor clothing.

<b>Date 2024</b>	<b>Venue / Meeting Point</b>	<b>Loop/ One Way</b>	<b>Transport</b> Bus/TRAM/Parking (Return Transport)
07 May	The Royal Commonwealth Pool Dalkeith Road Inside main entrance	Loop	Buses 2, 14, 30
14 May	Victoria Park Newhaven Road entrance, Edward VII statue	Loop	Buses 7, 11,14 & 21
21 May	Victoria Park Newhaven Road entrance, Edward VII statue	Loop	Buses 7, 11,14 & 21
28 May	Greenbank Parish Church EH10 6ES Corner of Braidburn Terrace	Loop	Buses 5, 11, & 16 or 15
04 Jun	Greenbank Parish Church EH10 6ES Corner of Braidburn Terrace	Loop	Buses 5, 11, & 16 or 15
11 Jun	City Centre - St Andrew Square Gardens, Beside Costa Coffee Going to Newhaven	One Way	Buses 7, 10, 11, 14, 45, 49 or TRAM. (Newhaven Buses 11, 16 or TRAM)
18 Jun	Leath, Foot of the Walk Queen Victoria Statue	Loop	Buses 7,14, 16, 25, 49 or TRAM
25 Jun	Water of Leith (WoL) Visitor Centre, 24 Lanark Road	Loop	Buses 34 & 44. Parking at WoL Visitor Centre.
02 Jul	Morrisons Swanston Outside Main Entrance	Loop	Buses 5, 27 or 4, 16 walk up
09 Jul	Haymarket Station Outside entrance next to large bike park Going to Roseburn Gardens	One Way	Buses 12, 26, 31 TRAM or 2, 3, 25 walk up. (Roseburn Gardens Buses 12, 26, 31)

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Date 2024	Venue / Meeting Point	Loop/ One Way	Transport Bus/TRAM/Parking (Return Transport)
16 Jul	Roseburn Gardens, Bridge over the Water of Leith	Loop	Buses 12, 26, 31
23 Jul	Meadowbank Shopping Centre, entrance to Sainsbury's	Loop	Buses 5, 26, 45
30 Jul	Summerhall, The Meadows	Loop	Buses 12, 41 to Buccleuch Terrace. Buses to Queen's Hall walk up.
06 Aug	The Royal Commonwealth Pool, Dalkeith Road Inside main entrance.	Loop	Bus: 2, 14, 30, 33
13 Aug	Cameron Toll, Lady Road bus stop (top of Liberton Road) We will catch a bus (37/47) to start of walk at Burdiehouse Village to Moredun Wood	One Way	Buses: 3,7, 8, 29, 31, 37, 47 Lady Road the bottom of Liberton Rd to Burdiehouse Village Bus 37 or 47 (Return Bus from Liberton High School: 3, 8, 29)
20 Aug	Cameron Toll shopping centre outside North Entrance - next to the Taxi Rank. We will catch the bus 24, 49 to Royal Infirmary and walk back to Cameron Toll	Loop	Bus: 12, 24, 38, 49
27 Aug	Portobello High Street, Portobello Book Shop, Bridge Street	Loop	Busses 12, 21, 26, 49 Bridge St. Bridge St Car Park
03 Sep	<b>Dinner TBA</b>		

A contribution of £1 is welcome!  
For more information, please contact.

**Ageing Well Team**

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