

AGEING WELL



Our dance classes are a fun and social way to keep fit and active.

Sessions are led by a qualified dance instructor and supported by Ageing Well volunteers.

No need to sign up, just come along and give it a go!

**Newhaven Church, 7 Craighall Road
Thursdays
10.00 am - 11.00 am**

For more information, please contact
Active Communities Team
☎ 0131 458 2260
✉ active@edinburghleisure.co.uk