

AGEING WELL



Would you like to have fun, socialise, and give the grey matter a workout?

Come along to our new Ageing Well Board Games session at Meadowbank Sports Centre.

Where: **Meadowbank Sports Centre Cafe**

When: **Wednesdays**

Time: **2pm – 4pm**

Our volunteers will meet you at the cafe and introduce you to new games and friends.

You are welcome to bring a game with you, but not a requirement to join in the fun.

For more information, please contact our Active Communities Team

☎ **0131 458 2260**

✉ active@edinburghleisure.co.uk