

AGEING WELL



Come and enjoy the outdoors in the Ageing Well Allotment where you can grow fruit and vegetables in a social and supportive environment.

Our experienced volunteers will help you to plant and grow your own fruit and vegetables.

No gardening experience is necessary, just come along and join in!

Where: Leith Links Allotments
(beside St. Marys Primary School)

When: Wednesdays

Time: 12.00 pm-2.00 pm

(Drop in for any length of time during the session)

For more information, please contact us:

Active Communities Team

☎ **0131 458 2260**

✉ active@edinburghleisure.co.uk